

PULMONARY MEDICATION REFERENCE GUIDE

Generic Name <i>(Name of chemical structure for certain class of drugs)</i>	Brand Name <i>(Name given to generic drug by manufacturer)</i>	Drug Effect <i>(What do these medications do?)</i>	Form of Medication <i>(How are these drugs supplied?)</i>	Administration <i>(How and when should these drugs be taken)</i>	Possible Side Effects <i>(What symptoms could develop from taking these drugs)</i>	
Short - acting bronchodilators						
Albuterol Bitolterol mesylate Metaproterenol sulfate Pirbuterol acetate Terbutaline sulfate	Airet Brethine Tornalate Bricanyl Alupent Ventolin Arm-a-Med	Maxair Volmax Metaprel Albuterol Proventil Sulfate Brethaire	Prevent and relieve bronchial spasms. Open the airways by relaxing the smooth muscle that lines the bronchi.	Liquid, metered dose inhaler, Nebulizer solution, subcutaneous injections and tablets.	Swallow tablets whole, don't chew or crush them. Rinse mouth after using inhaler to prevent hoarseness and throat irritation. These drugs are appropriate for use during an asthma attack.	Symptoms are temporary: dizziness, headache, muscle cramps, nausea, nervousness, palpitations, rapid heart beat and tremor.
Long - acting bronchodilators						
Salmeterol xinafoate	Serevent	Prevent bronchial spasm. Open the airways by relaxing the smooth muscle that lines the bronchi.	Metered dose inhaler.	Take two puffs 15 - 20 minutes before activity. Do not take more often than two puffs every 12 hours. Do not use to relieve an asthma attack.	Cough, nasal congestion, nausea and sneezing.	
Theophylline agents						
Theophylline Aminophylline	Aerolate Bronkodyl Elixophyllin Quibron-T Slo-Bid Gyrocaps Phyllocontin Truphylline Slo-Phyllin	Uni-Dur Theobid T-Phyl Theochron Theolair Theo-Time Theo-X T-Phyl Truphylline Uni-Dur Uniphyll	Prevent and relieve bronchial spasms. Open the airways by relaxing the smooth muscle that lines the bronchi.	Capsules, liquid and tablets	Take with food. Sallow tablets whole, don't chew or crush them. Don't take before bedtime if one daily dose has been prescribed. Do not use to relieve an asthma attack.	Dry mouth, headache, hyperactivity, nausea, nervousness, palpitations, poor appetite and sleeplessness.
Cholinergic blockers						
Ipratropium	Atrovent	Improve the passage of air into the lungs by reducing bronchial spasms and suppressing the secretion of bronchial mucus.	Metered dose inhaler, nasal spray and nebulizer solution.	Do not use to relieve acute bronchoconstriction.	Cough, dizziness, dry mouth, headache and nausea.	

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Steroids						
Beclomethasone dipropionate Fluticasone propionate Methylprednisolone Prednisolone Triamcinolone acetonide	Azmacort Aerobid Beclivent Beconase Deltasone Flovent Flonase Liquid Pred Medrol Meticorten	Nasalide Nasacort Orasone Pediapred Prezone Vanceril Vancenase	Reduce inflammation of the airways.	Metered dose inhaler, liquid, tablets and nasal spray.	Use a spacer and rinse your mouth after use to prevent thrush, hoarseness and throat irritation. Do not use to relieve an asthma attack.	Oral steroids: Increased appetite, mood swings, muscle weakness, skin redness, sweating and swelling. Inhaled steroids: Cough, thrush and sore throat.
Anti-inflammatory agents						
Cromolyn sodium Nedocromil sodium	Intal Nasal crom Tilade	Reduce inflammation of the airways.	Capsules, metered dose inhaler, nebulizer solution and nasal spray	Take with meals. Don't stop taking these drugs abruptly. Do not use to relieve an asthma attack.	Cough, nasal congestion, nausea and sneezing.	
Leukotriene blockers						
Zafirlukast Zileuton	Accolate Zyflo	Block chemicals that cause bronchial constriction.	Tablets	Take one hour before or two hours after a meal. Do not use to relieve an asthma attack.	Diarrhea, headache, indigestion and nausea.	

REMEMBER:

This table can't substitute professional advice. All medications should be taken as prescribed. Call your doctor's office if you have questions or concerns.

R.S.V.P.

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